

Download American Red Cross Beginners Swimming Guide

You have a canoe, now its time to choose the paddle. Like canoes, paddles are designed for specific uses and include wilderness tripping, paddling in rivers and whitewater, racing, and solo paddling and 'freestyle' paddling. Paddler Age 3 This class is designed for 3 year olds to learn water adjustment, basic swimming and safety skills in a fun, small group setting using the American Red Cross Preschool Program in a low student to instructor ratio (1:5). Parent Tot Babies (6 months - 18 months) Adult accompaniment required. Instructor lead program to introduce new swimming and water safety skills that are developmentally appropriate for infants and young children. Dear Twitpic Community - thank you for all the wonderful photos you have taken over the years. We have now placed Twitpic in an archived state.