

# Download Coping In Medical School

Therefore, medical students must develop a system for coping with stress while in medical school, as it is clearly a requirement for becoming a successful medical professional. It should come as no surprise that stress coping mechanisms within the medical student population has been an active topic of academic research in recent years. Stress and its Coping Strategies in Medical Students Fri, 05 Apr 2019 16:02:00 GMT the stress in medical students. Keywords: Medical students, Stress, Stress factors, Questionnaire, coping strategies, Institutional factors, Stress management. INTRODUCTION Medical school is recognized as a stressful environment that often stress can also lead to making medical mistakes, which is the last thing you want during medical school. Reducing stress during med school. Some level of stress is probably inevitable during med school, but it does not have to be overwhelming. There are several things you can do to ease stress and deal with all the responsibilities of medical ... Coping with stress in Medical School. February 5, 2019 Chiedza Mureriwa Medical Articles Exercise Fitness Health People Resting Tips 1 . Source: [www.yourphysio.org.uk](http://www.yourphysio.org.uk). Getting into medical school is a thrilling feeling but that thrill is usually long gone by the time you're actually working towards your degree.