

Download Physical Fitness Learning Packet

Volleyball

If you are legally excused from class, whether it be for a medical excuse or a class field trip you have two options for making up PE credit: 1) You may physically make up a class missed, by attending another class during your scheduled lunch, study hall, or by staying after school. The California Physical Education Workshop (CPEW) promotes interest in professional advancement for Physical Educators at the Elementary and Secondary levels. The staff at Physical Therapy Solutions uses both hands-on manual treatment techniques as well as exercise based treatment programs to address a wide variety of non operative and post operative diagnoses. 6th Grade Parent Night Presentation and Information Good morning- Thank you to those of you who were able t