

Download Pocket Guide To Emergency First Aid Printable

Print this first aid skills quick guide for your pantry, car, and babysitter! Be ready to act in the event of a first aid emergency. First aid is the first and immediate assistance given to any person suffering from a serious illness or injury, with care provided to preserve life, prevent the condition from worsening, or to promote recovery. It includes initial intervention in a serious condition prior to professional medical help being available, such as performing cardiopulmonary resuscitation (CPR) while awaiting for an ...A first aid kit is a collection of supplies and equipment that is used to give medical treatment. There is a wide variation in the contents of first aid kits based on the knowledge and experience of those putting it together, the differing first aid requirements of the area where it may be used and variations in legislation or regulation in a given area. First Aid Kits. I suggest having a first aid kit in (at least) three places: (1) a robust first aid kit in your home, (2) a smaller one in your 72-hour kit / go-bag, and (3) one in each vehicle.. We have one in our home.