

Download The Nurses Anatomy And Physiology Colouring Book

The book equally challenged and supported my understanding of anatomy and physiology whilst making links to nursing practice. Being able to label and colour in diagrams allowed me to test my current understanding to highlight areas of improvement. This book is so much more than I expected! It is an excellent resource for learning and as someone who struggled with learning about Anatomy and Physiology I regret not having one! There is useful supplementary information on each page and the focus on Person Centred Practice was a welcomed surprise. The Nurse's Anatomy and Physiology Colouring Book. The perfect antidote to hours of dense reading, colouring is fun, creative and a proven learning technique. Put pencil to paper and help your brain to make deep learning connections, improving your ability to retain knowledge and recall it in class, exams or practise. You'll learn without even realising it! Overall, it is a great way to revise anatomy and physiology without simply writing notes or reading a textbook. It will definitely be my go to book for A&P revision, it's surprising how much can be learnt whilst colouring in.' -- Russell Aris, Nursing Student 'This book covers everything that was in my first year anatomy module.